제목; 10.5 point

## 초록서식 견본

Differences in fat free mess and muscle thicknesses at various sites according to performance level among jude athletes.

Kubo J¹, Chishaki T², Nakamura N³

소속번호 (좌측 상단) 및 소속; 9 point

 $^{1}$ Heisei International University,  $^{2}$ Matsuyama University,  $^{3}$ National Institute of Fitness and Sports in Kanoya The purpose of this study was to investigate differences in fat-free mass and thicknesses of various muscles among judo athletes of different performance levels. The subjects were 69 male judo athletes of 3 different performance levels. Group A was composed of athletes who participated in the Olympic Games or Asian Games (n = 13). Groups B (n = 21) and C (n = 35) were composed of judo

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oint	• 전부 영문 • 초록은 저 • 모든 텍스 • 용지의 싱	으으로 기재해 주십시오   목,이름,소속을 포함해 300단어 이내입니다.  느트는 Times New Roman체와 싱글 스페이스(single-spaced)로 기자  당하 좌우 30㎜는 여백부분으로 처리해 주십시오.	l해 주십시오 <b>.</b>
		초록 뒤에 3~6 단어의 키워드를 제시해 주십시오; 9 point	
		제목에 사용한 단어는 키워드에서 생략	
Key V	Vords: ultrasonog	graphy, Olympic Games, training	
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