# **Keynote Lecture**

## Saturday 12 July 2014, 9:20-10:00 Keynote Lecture

## **Chairperson**

Peter Chen, Professor, International Advisor for Asia Association of Coaching Science, New Zealand

#### Presenter

"Proposal the 'Sensitive Biomechanics': Innovation of methodology of Coaching & Training for Sport and Exercise"

Kazuhiko Watanabe, Ph.D.

Professor Emer. Hiroshima University. President of the Asian Association of Coaching Science. President of Institute of Sport and Health Science.

Japan

## **Invited Lectures**

# Saturday 12 July 2014, 10:05-10:45 Invited Lecture 1

### **Chairperson**

Junichi Kasai, Professor, Waseda University, Japan

Xiaoping CHEN, Professor & Deputy Dean, Faculty of Physical Education, Ningbo University, China

#### **Presenter**

"The Coach Training Course in the University and the Student Activities after Graduation in Taiwan" Jasson Chiang, Ph.D.

Professor and Director, Physical Education and Sports of the Chinese Culture University

Former President, Asian Council of Exercise and Sports Science(ACESS)

First Vice President, Asia Association of Coaching Science (AACS)

Taiwan

# Sunday 13 July 2014, 9:00-9:40 Invited Lecture 2

## **Chairperson**

Masao Asaoka, Ph.D., Professor, International Pacific University, Japan

## **Presenter**

"Physical Education and Future Coaching Science in Korea"

TaeWon Jun, Ph.D.

Professor and Dean, College of Education, Seoul National University

Korea

## Sunday 13 July 2014, 9:45-10:25 Invited Lecture 3

## Chairperson

Yun Wang, Ph.D., Distinguished Professor, Tianjin University of Sport, China

#### Presenter

"Neuromuscular Functional Training and Innovative Instruments Development"

Liu Yu, Ph.D.

Distinguished Professor and Dean, School of Bio-Kinesiology, Shanghai University of Sport China

# **Special Lecture**

# **Sunday 13 July 2014, 10:45-11:25 Special Lecture**

## Chairperson

TaeWon Jun, Ph.D., Professor and Dean, College of Education, Seoul National University, Korea

## **Presenter**

"Thirst for more- before, during and after Exercise- How Sport Professionals in Singapore Fare in Hydration Knowledge & the Efficacy of an Intervention Exercise Hydration Education Programme" Michael Chia, Ph.D.

Professor and Dean, Physical Education and Sport Science, National Institute of Education, Nanyang Technological University,

Singapore

## **Symposia**

# **Saturday 12 July 2014, 11:00-12:25 Symposium** 1

Theme: Sport Performance and the Coaching Science

### Chairperson

Tomohiro Noguchi, Professor, Nihon University, Japan Tadashi Takeda, Ph.D., Professor, Hokusho University, Japan

#### **Presenters**

"Hotspots and Inspiration of the Physical Training in High-level Athletes in China"

Xiaoping Chen, Ph.D.,

Professor and Deputy Dean, Faculty of Physical Education Ningbo University China

## "Ski Jumping Training: Looking Back on Sochi Olympics"

Satoshi Mori

Associate Professor, Department of Community Development, Tokai University, Japan

## "Understanding the Menstrual Cycle: How it can Impact Exercise Performance"

Jae Kyung Byeon, Ph.D.

Professor, Chungbuk University

Korea

# Saturday 12 July 2014, 14:30-15:30 Symposium 2

Theme: "Coaching Science and its Applications in Kinesiology"

## Chairperson

James Shih-Chung Cheng, Ph.D., Professor, National Taiwan Sport University, Taiwan Tadayoshi Asaka, Ph.D., Professor, Hokkaido University, Japan

## **Presenters**

## "The Development of Shoulder Instability in Pitchers"

James Shih-Chung Cheng, Ph.D.

Professor, Graduate Institute of Athletics and Coaching Science, National Taiwan Sport University Taiwan

## "Multi-muscle Synergies and its Trainability"

Yun Wang, Ph.D.

Distinguished Professor, Tianjin Key Lab of Exercise Physiology and Sports Medicine, Department of Health and Exercise Science, Tianjin University of Sport China

# **Luncheon Work Shop**

# **Saturday 12 July 2014, 12:30-13:30 Luncheon Work Shop**

### **Chairperson**

Masamitsu Ito, Ph.D., Nippon Sport Science University, Japan Junjiro Kubo, Ph.D., Heisei-International University, Japan

### **Presenter**

Designing Safe and Effective Strength and Conditioning Training Programs for Collegiate Athletes Andi Li-An HO, Ph.D.

Assistant Professor, Department of Physical Education and Graduate Institute of Sports Coaching Science, Chinese Culture University

Taiwan